



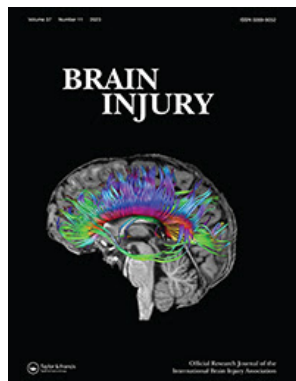
September Newsletter



NOTICE: The support group scheduled for Monday evening, September 25th, 2023 is cancelled.

STAY TUNED: We are working on getting two 1-day retreats running soon. Pay attention to our social media and newsletters for further details!

ANNOUNCEMENT: Nancy's House would like to send a special **THANK YOU** to an anonymous donor who donated \$500! Thank you so much!



September Webinar!!

Join us **September 26th, 2023, from 7pm - 8pm EST** as we embark on a journey with Jan Dinnella and Helene Moriarty from Villanova University!!

Jan and Helene are researchers who have been integral parts of

launching and researching the impact of the **HOME** (Home-based Occupational-therapy and Management of the Environment) program. HOME aims to: help manage TBI symptoms and limitations, engage more fully in life, remain more independent, and learn reduction strategies.



If you are living with TBI (Traumatic Brain Injury), you have a family member, partner, or significant other this might be helpful to, please register ASAP.

HOME has had great success with the **veteran population and their loved ones.**

Check out the outcomes paper by clicking www.tandfonline.com.

Register Now!

This webinar is open to ALL caregivers, family members, healthcare professionals, and anyone with interest in an inclusive approach to reducing caregiver burden.

Support Groups

The morning group **WILL** take place on **September 28th**, at **9:30am**.



There is no registration, no cameras required to be on, and this is a great chance to connect, all while being facilitated by our founder, **Elissa Lewin**.

Join Morning Meeting (9/28)

All times are EST.

As announced above, the evening group will not take place this month.

Fighting Back!- Caregiver Walk 2023

Saturday, **October 7th, 2023 from 10am EST to 12pm EST**, there will be a Caregiver Walk at **Charlestown Township Park** (Directions here: www.google.com).



[Register here!](#)

A part of **Fighting Back's** mission is to **recognize** and **provide scholarships** for one-on-one physical rehabilitation to individuals who are Fighting Back from a life changing injury or illness through courage, desire and perseverance.



Representative Nelson's Senior Fair was a blast!

Nancy's House' Elissa Lewin attended Rep . Napoleon Nelson's Senior Fair. Marj came by our table and won a prize!



[Learn More](#)

[Resources Corner](#)



"Unseen"

A documentary highlighting "how we're failing parent caregivers and why it matters".

Through the power of unfiltered, compelling human stories, *Unseen* cultivates compassion and tangible support for the caregivers in our communities.

[Learn More](#)



If you have a **nonprofit organization**, you can get access to discounted and donated solutions through **Microsoft's Nonprofit program**.

[Apply Now](#)

Once your registration is approved, you can access the **Nonprofit Hub** to take advantage of **customized offerings to ensure collaboration, productivity, and security of your organization**.



Are you or someone you know 65+ and need quality care?

At Patina, you'll have a dedicated care team that gets to know you and what matters most to you. You are at the center of the team and always in charge. You can choose to make others part of your team, too – family, loved ones and others who support you.

[Learn More](#)

Pumpkin Mac and Cheese

A classic bechamel sauce is flavored with onion and garlic. Smoky cheese is folded into the pumpkin cream sauce before introducing al dente noodles. Finally, garlicky, cheesy breadcrumbs are liberally sprinkled over each serving. Sounds yummy!



[Get the Recipe](#)



If you are a book lover, shop our Nancy's House storefront! A portion of the sale goes to Nancy's House.

Shop Now!

Donate Today!

As we continue to provide as many services as we can for FREE to caregivers, we always want to do more. We want to continue to provide transformative retreats in beautiful locations. As a nonprofit organization, we depend on the help of our community. Donate today!

DONATE TODAY!



“Do the best you can. No one can do more than that.” —John Wooden